

YOUTH MENTORSHIP TRAINING



Join us for a 10-week program to grow your leadership skills and learn how you can support your peers in positive and effective ways. This program will help you build your confidence, and improve your problem solving and communication skills.

You will learn:

- ✓ Active listening
- ✓ Giving and receiving feedback
- ✓ Problem solving
- ✓ Understanding road blocks to communication

Who	ErinoakKids clients: Ages 14 and older
When	Monday Evenings February 3 – April 27 (no class February 17, March 16 or April 13) 5:00 p.m. – 7:00 p.m.
Where	Brampton site - 10145 McVean Dr., Brampton
Cost	\$40 (\$4/session) (Fee covers cost of materials, snacks and end of training party)

Following the training you will be able to:

- Register as an ErinoakKids volunteer and help in various programs.
- Attend monthly mentorship meetings with certified mentors from across ErinoakKids' three sites to discuss relevant issues and provide needed support.

To register, please contact Amy Newman at 905-855-2690, ext. 2370.