



## Mother's Support Group

Mothers of current/active ErinoakKids clients are invited to join. Meetings provide opportunities for mothers to connect with families facing similar journeys and challenges. Discussions may include guest speakers, community connections and self-care strategies.

Location	Date and Time
<p><b>ErinoakKids – Brampton</b> 10145 McVean Drive Brampton L6P 4K7 (Northeast corner of McVean Dr. &amp; Castlemore Rd.)</p>	<p><b>Time:</b> 10:00 am – 11:30 pm <b>Dates:</b> <i>Every other Thursday</i> September 20 October 4, 18 November 1, 15, 29 December 13 January 10, 24 February 7, 21 March 7, 21 April 4, 18 May 2, 16, 30 June 13</p>

Attend as you can. Coffee and tea will be available.  
No childcare provided. Babies in laps/car seats can be accommodated.

**Meetings are facilitated by ErinoakKids Social Worker.**

Amy Newman - 905-855-2690 ext. 2370

If you are interested in attending, please register by leaving a message with your child's name, your name and phone number.

