

## My Journal

This is my journal. I wrote this to help me talk about how I am feeling. I use this to remember someone.

Sometimes people you love die. My \_\_\_\_\_ has died.  
\_\_\_\_\_ was very important to me because they

\_\_\_\_\_.

My favorite thing to do with them was to \_\_\_\_\_.

What I am going to miss the most about them is

\_\_\_\_\_.

A fun thing that happened with them was when

\_\_\_\_\_.

I am feeling really \_\_\_\_\_ about them dying.

When I am feeling \_\_\_\_\_, I can

\_\_\_\_\_.

I will always remember them because they

\_\_\_\_\_.

## My Journal

This is my journal. I drew these pictures to help me talk about how I am feeling. I use this to remember.

Sometimes people die. My\_\_\_\_\_ has died. This is a picture of them:

My favorite memory of them is when we:

I am feeling\_\_\_\_\_ about them dying:

When I am feeling\_\_\_\_\_ I can: