

'F'avourite Words in Schools

Who?

Everyone! Teachers, Educational Assistants, Principals, Physiotherapists, Occupational Therapists, Speech-Language Pathologists, Therapy Assistants, Caregivers and Students themselves.

What?

The 'F'avourite words are a strength based approach to understanding a student's growth and development. The six 'F'avourite words are **functioning, friends, family, fun, fitness and future**.

When?

During school meetings, therapy sessions, transition planning, daily classroom routines, home programming, goal setting and documentation.

Where?

At school, home, daycare, therapy sessions, community programs.

Why?

To focus on student strengths, encourage participation, support meaningful goal setting, promote inclusion and collaboration with school teams, families and therapists.

How?

School team, therapist or family can use the 'F'avourite word profile to describe the unique needs, interests and goals of a student. Can incorporate into daily classroom routines as well as use for goal setting and transition planning.

'F'avourite Words Examples in Schools

Functioning: Wearing a backpack independently, using an activity chair for positioning, using a wheelchair for mobility.

Family: Regular collaboration with caregivers to support the student's learning, participation and well-being.

Fitness: Participating in gym activities or movement breaks, using walkers, stander or trike.

Fun: Enjoying music, art or play activities, explore leisure and recreational activities.

Friends: Playing with peers at recess, sitting next to a peer at lunch.