ERINOAKKIDS
Centre for Treatment and Development

The ‘F’avourite Words For School Teams

What are the ‘F’avourite Words?

The ‘F’avourite words for Child development were developed by CanChild and provide a **strength-based** approach to understanding a student’s growth and development. This framework encourages schools and families to focus on the whole student, considering what truly matters in their everyday life. The six ‘F’avourite words are **Functioning, Family, Friends, Fitness, Fun and Future.**

Functioning

Each student has a different way of getting things done!

E.g., Uses a walker in the hallways, uses a picture board for communication, has a chromebook for writing.

Fun

Activities the student enjoys and finds meaningful.

E.g., Music, art and crafts, reading, play activities, circle time, recess games.

Family

The people who know and support the student best.

E.g., A team approach (caregivers + school team) all involved in goal setting.

Fitness

The student’s physical/mental health and well-being.

E.g., Participating in gym, movement breaks, using a stander.

Friends

Social relationships and connections with peers and others.

E.g., Playing with others at recess, sitting next to peer at lunch.

Future

The student’s hopes, goals and aspirations.

E.g., Learning new skills, preparing for transitions, functional independence.

HOW STUDENTS BENEFIT FROM THE ‘F’AVOURITE WORDS

- Participate in daily activities.
- Build confidence and independence.
- Improve physical/mental health and well-being.
- Strengthen social skills.
- Feel included and valued.
- Develop meaningful goals for the future.
- Learn through activities they enjoy.

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