Community Recreation Directory

This resource aims to help families learn about adapted or inclusive recreation programs for children and youth in Halton, Peel, and Dufferin Regions.

Please note that the resources listed do not necessarily signify endorsement by ErinoakKids. Families are encouraged to reach out to the recreation providers directly to discuss their child's unique interests and support needs, ensuring the program is a good match.

We strive to keep this information accurate. If you find any errors or know of community recreation opportunities we've missed, please let us know.

Table of Contents

Boating Programs
Cheer Programs
Community Snoezelen Rooms
Creative Arts Programs
Dance Programs
Gymnastics and Fitness Programs
Martial Arts Programs
Music Programs
Sport Programs
Swim Programs
Therapeutic Horseback Riding (Hippotherapy) Programs
Therapeutic Horticulture and Farming Programs
Other Programs and Services

return to table of contents

Boating Programs

Burlington Able Sail (Burlington)
Ages: 7+
Contact: ablesail@burlbay.com OR 905-575-5332
Description: This program offers an opportunity for people with physical disabilities to go out on the water and enjoy sailing.

Charter Ability (Oakville)
Ages: All ages
Contact: info@charterability.com
Description: CharterAbility is a registered non-profit charity dedicated to providing accessible recreational boating at no cost to people of all ages who are deprived of the opportunity by virtue of their physical limitations or personal circumstances.

Bronte Harbour Yacht Club - Visually Impaired Program (Oakville)
Ages: 7+
Contact: vip@bhyc.on.ca
Description: Bronte Harbour Yacht Club hosts Ontario's largest Visually Impaired Learn to Sail Program. This course runs in late June and is entirely led by volunteers. Participants learn the fundamentals of sailing on 30 foot keel boats, seamanship basics, and some basic racing techniques. The week ends with a race.

Mississauga Canoe Club (Mississauga)
Ages:
Para (for participants with physical disabilities): all ages
Paddle All (for participants with developmental disabilities): 14+
Contact: registration@gomissygo.ca
Description:
The MCC Para Program is designed for individuals with physical disabilities to participate in the sport of Canoe and Kayak. Individuals will have the opportunity to paddle in kayaks and outrigger canoes with guidance from skilled coaches.
Paddle All (Special Olympics) introduces paddlers with intellectual and developmental disabilities to the sport of paddling. The program includes a safety orientation and technical instruction by experienced coaches. Each paddler will have an experienced paddling partner/coach for 1:2 support ratio.

return to table of contents

Cheer Programs

Power Cheer and Tumble - Cheer Abilities (Mississauga)
Ages: 4+
Contact: vanessa@pctcheerandtumble.com
Description: PCT offers two special abilities teams that aim to showcase what is possible for special abilities athletes.

CheerForce – Cheer Abilities (Oakville)
Ages: all ages
Contact: info@cheerforceallstars.ca OR 905-844-4884
Description: Team Radiance focuses on developing strong fundamental basics of cheerleading, combined with fun and learning to give athletes of all ages and ability levels the opportunity to participate and excel at this amazing sport.

Champion Cheer Academy (Orangeville)
Ages: 4+
Contact: krista@championcheer.ca
Description: All classes are coached by fully qualified cheerleading and tumbling coaches and professionals with experience working with children with various special needs.

Supreme Cheerleading (Burlington)
Ages:
Contact: coaches@supremeallstars.com
Description: Supreme Cheerleading offers the perfect combination of gymnastics, fitness and dance in a fun, high energy and supportive team environment. With dedicated staff who are certified, have first aid and CPR training, are passionate about coaching and love working with kids.

return to table of contents

Community Snoezelen Rooms

The Snoezelen Room is a multi-sensory space where participants can guide their own experience in an environment designed with special sounds, visual effects, tactile, vibrations, and music options. Through this self-guided experience participants can gain a sense of control that offers opportunities for learning, stimulation, relaxation, communication and fun.

City of Brampton (Brampton)
Ages: all ages
Contact: 905-846-2370
Description: Pre register online for a drop in time or call to book a drop in.

Town of Caledon (Bolton)
Ages: all ages
Contact: 905-584-2272 ext.7322
Description:

- Bookings are for 30-minute sessions.
- A support person must be trained on using the room prior to first visit. A room orientation can be schedule with a Customer Service representative - there is no additional cost associated with the orientation.

return to table of contents

Creative Arts Programs

DramaWay (Mississauga)
Ages: 14+
Contact: angela@dramaway.com
Description: A process-based arts programs that facilitate social and life-skills development. We are dedicated to providing unique creative programs that help participants expand their artistic skills and grow as individuals in a structured, non-competitive, inspirational atmosphere.

Theatre Orangeville Exceptional Players (Orangeville)
Ages: grade 7 through high school
Contact: kgallant@theatreorangeville.ca
Description: Theatre Orangeville Exceptional Players is a skills-based theatre program using theatre games, music and improv for all people with developmental disabilities. T.O.E.P. participants are encouraged and supported to reach beyond and develop not just theatrical skills, but self-confidence, team work skills, and to explore new methods of self expression.

return to table of contents

Dance Programs

A New DAEI Dance School (Brampton)
Ages: 3+
Contact: dance@anewdaei.com OR 647-274-6194
Description: Children, Youth and Adults with complex and special needs get the opportunity every week to explore the awesome worlds of dance, movement and music. Our professionally-trained movement coaches adapt each session to meet the specific needs of each individual participant — taking into account unique abilities, strengths and personal desired goals. We have a focus on developing gross motor skills, Having fun is key, so we move at the pace of our dancers to be sure we can positively impact all forms of their development.

The Dance Ability Movement (Mississauga/Milton/Virtual)
Ages: 3+
Contact: contact@danceabilitymovement.com OR 905-878-5736
Description: The Dance Ability Movement creates opportunities for individuals of all abilities to experience the arts with inclusive and accessible programming in dance studios so that everyone can participate!

Marie Ann Longlade School of Dance (Mississauga)
Ages: 4+
Contact: info@longladedance.com OR 905-276-7471
Description: Taught by a certified seasoned ECE and EA instructor, this class provides students a safe, positive environment to work on their coordination and muscle control while bonding with other kids.

Goddards Studio - Limitless (Georgetown/Halton Hills)
Ages: all ages
Contact: info@goddardsstudio.com OR 905-699-4747
Description: Limitless is a specialized but inclusive unique program designed to offer music, dance and yoga, supporting people of all abilities in hopes that it brings joy to those who may not otherwise have the chance. Built specifically for children, teens and adults with special needs and individual learning differences and difficulties.

BAM Dance (Mississauga/Virtual)
Ages: 3+
Contact: info@bustamovedance.com.au
Description: BAMD is centered on fun, inclusive dance lessons that prioritize building strong relationships with people with disabilities.

return to table of contents

Gymnastics and Fitness Programs

The MOVE Program by Goodlife Kids (Brampton/Mississauga/Burlington/Virtual)
Ages: 12 - 21
Contact: info@goodlifekids.com
Description: MOVE by GoodLife Kids Program is designed to meet the needs of youth with autism and intellectual disabilities through small class sizes and ensuring the MOVE Coach is able to adapt programming for each participant while developing physical activity skills, confidence, social connections and overall positive health

Cartwheels Gym Centre: (Georgetown)
Ages: 4+
Contact: info@cartwheelsgymcenter.com
Description: Inclusive and adaptive program for individuals with special needs. Individualized 1:1 and adapted gymnastics program specifically designed with special needs participants in mind.

Springers Gymnastics Club (Milton)
Ages: 3+
Contact: info@miltonspringers.ca OR 905-878-5030
Description: Milton Springers Gymnastics Club is committed to providing a welcoming, accessible, and inclusive environment for all persons with disabilities in a way that is respectful of the dignity and independence of people with disabilities.

We Rock the Spectrum (Brampton) / **We Rock the Spectrum** (Oakville)
Ages: All Ages
Contact:
Brampton - info@werockthespectrumbrampton.ca
Oakville - info@werockthespectrumoakville.ca
Description: We Rock the Spectrum Kid's Gym provides children of all abilities a place to play and grow together. Offering a fun and motivational environment to help them in the areas of strength, movement, sensory processing, communication, positive behavior modification, social interactions, and self-care skills

Oakville Gymnastics (Oakville)
Ages: 3-18
Contact: 905-842-3537
Description: Classes for children with physical, cognitive, social & developmental needs. Children in Adaptive Gym will participate in fun and healthy exercise, increasing body awareness and enhancing gross & fine motor control. Our experienced coaches empower children to engage and believe that anything is possible.

return to table of contents

Burlington Gymnastics Club (Burlington)
Ages: All ages
Contact: inclusion@bgcgym.com
Description: We provide a wide variety of inclusive recreational and competitive programs for gymnasts of all ages and abilities that align with Gymnastics Canada Long Term Athlete Development Model (LTAD).

The Daisy Club (GTA/Virtual)
Ages: 18+
Contact: bloom@thedaisyclub.com
Description: The Daisy Club is an adaptive fitness community for disabled adults who are women, non-binary, or trans-femme. A space to take up room, move with joy, and feel at home. Our adaptive workout classes, Bloom Sessions, are live and virtual, so anyone in Canada can join. A few times a year, we meet in person in Toronto and the GTA for Club Hangs, where we build deeper connections and champion accessibility together.

return to table of contents

Martial Arts Programs

Kids Kicking Cancer - Heroes Circle (Brampton/Virtual)
Ages: 3+
Contact: toronto@kidskickingcancer.ca OR 1-877-454-7795 ext 3
Description: The Heroes Circle program, open to all children in pain, provides therapeutic martial arts classes and hospital visits for children and teens. The program teaches traditional karate moves along with the mind-body techniques of meditation, breathing, relaxation, and visualization to dramatically lower pain levels.

Academy of Martial Arts (Brampton)
Ages: 5-13 and 14+
Contact: amablackbelt@amadojo.com OR 905-450-9925
Description: Empowering all ages to build confidence through Traditional Martial Arts. At the Academy of Martial Arts, we provide a supportive community that fosters personal growth and development. Karate classes for students with ASD are offered at the downtown Brampton location.

Academy of Martial Arts (Milton)
Ages: 7+
Contact: 289-270-5113
Description: We use core elements of traditional martial arts and combine them with contemporary teaching techniques, science and psychology, while utiliz-ing an in-depth understanding of how kids on the spectrum learn and grow. This means that your child will learn and grow at a pace that is appropriate for them in a fun stress-free environment.

return to table of contents

Music Programs

Music4Life (Mississauga/Oakville)
Ages: all ages
Contact: contact@music4lifeinfo.com OR 647-607-2511
Description: Music4Life is a professional private practice that offers music therapy, music education and music recreation programs.

Julia's Place Music Therapy (Brampton)
Ages: 2+
Contact: info@juliasplacemusictherapy.com OR 1-877-585-4268
Description: Julia's Place provides quality Neurologic Music Therapy and music recreation programs for clients with a variety of needs and abilities.

Hamilton Music Therapy (Hamilton)
Ages: all ages
Contact: 905-524-5727
Description: We are a music therapy and music education centre, dedicated to helping individuals achieve their fullest potential through music. Our team of experienced music therapists and instructors provide personalized care for clients and students of all ages and abilities.

Shine Music Therapy (Mississauga)
Ages: all ages
Contact: info@shinemusicandtherapy.com OR 647-250-7053
Description: At Shine Music and Therapy Services, we believe in the power of music to express ourselves in ways that words sometimes can't. Each session with us is a chance to explore both traditional therapy and creative, music-based approaches that fit your needs.

House of Chords (Milton)
Ages: all ages
Contact: milton@houseofchords.ca OR 905-878-1800
Description: Using musical tools and creative expression, clients will work towards achieving health-care goals specific to their needs. If a client wishes to work to gain the health benefits of music therapy, but focus also on achieving musical goals, adapted lessons may be an alternative. Sessions will build musical skills, and also strive to foster and uphold social, physical and emotional health.

return to table of contents

Sport Programs

Challenger Baseball (Various Locations)
Ages: 5+
Contact:
Brampton – bramptonchallenger@gmail.com
Mississauga – info@erindaleLLbaseball.ca
Caledon – Jthorntonbaseball@gmail.com
Oakville – challenger@oakvillelittleleague.com
Burlington – administrator@baseballburlington.com
Orangeville – challengerbaseball@playbaseball.ca
Description: Challenger Baseball is an adaptive baseball program, specifically designed to empower children, youth and adults living with physical and/or cognitive disabilities. The program teaches athletes living with disabilities the core life skills inherent to baseball, including: teamwork, communication, determination, resiliency, inclusion, support and courage. Challenger Baseball ensures every athlete has the opportunity to play in a fun and safe environment.

Cruiser Sports (Brampton/Mississauga/Halton Hills)
Ages: 3+
Contact: questions@cruisers-sports.com
Description: Cruisers Sports was formed in September 1986, by a dedicated group of parents who wanted their children to be able to participate in sports. Recreational and competitive opportunities are provided in adapted sports including boccia, track and field, para ice hockey, wheelchair basketball, as well as a multi-sports program. These programs promote the development of teamwork, confidence, independence as well as the social interaction of being a part of a sports organization.

Vipers Wheelchair Basketball (Burlington)
Ages: Not specified
Contact: info@vipersbasketball.ca
Description: Wheelchair basketball program with sports chairs supplied by the club, including competitive and recreational levels.

Special Olympics – GTA (Peel) / **Special Olympics South Central Region** (Halton)
Ages: All Ages
Contact: Search your local chapter and contact through email or phone.
Description: Special Olympics dedicates itself to year-round sports training and competitions in Olympic-style sports for individuals with intellectual disabilities. These events provide ongoing opportunities for physical fitness, courage, joy, and meaningful connections with the global community.

Sport Ball (Various Locations)
Ages: 16 months to 12 years old
Contact: registration@sportball.ca
Description: Every kid should have the opportunity to grow their skills, so we offer programs that focus on enhancing attention, listening, social skills, and physical literacy, all while improving confidence. Classes are arranged based on ability level and include parent/caregiver participation or drop-off options

return to table of contents

Challenge Golf (Oakville)
Ages: All Ages
Contact: online form
Description: Golf program for individuals with physical challenges.

Brampton Special Needs Hockey (Brampton)
Ages: 4+
Contact: info@bramptonhockey.com
Description: The objective of Brampton Special Needs Hockey (BYHA Special Needs) is to provide an ice hockey program for any child or adult regardless of age, race or gender who has a special need. The only requirement is that you are able to walk and can stand up on skates on the ice. You will require full hockey equipment to play.

Crusaders Special Hockey Club (Mississauga)
Ages: 4+
Contact: mississaugacrusaders@live.ca or 416-452-6002
Description: Offers hockey for developmentally challenged individuals regardless of skating abilities and hockey skills.

Orangeville Wolves (Orangeville)
Ages: all ages
Contact: info@orangevillewolves.ca
Description: The Orangeville Wolves is a non-profit special needs hockey team in Orangeville, Ontario, Canada. We provide opportunities for individuals to build social connections, independence, and a sense of community. Our goals include team growth, awareness, and inclusivity.

CJ's Skate Park (Mississauga)
Ages: 7+
Contact: info@CJsSKATEPARK.com
Description: Engages and empowers all community members, including those with special needs such as ADHD, Autism, Blindness, Cancer, Deafness, Down syndrome, and more. Provides a safe, fun learning environment through recreation and mentoring in skateboarding, scooter riding, and park activities. Our programs emphasize fun, safety, structure, consistency, and personalized goal achievement.

Ontario Track 3 Adaptive Sports Association (Various Locations)
Ages: 6+
Contact: 416-233-3872
Description: Ontario Track3 Adaptive Sports Association is a volunteer powered charity enabling kids and youth with disabilities to discover their confidence, develop their talents and achieve their physical potential through the freedom of snow sports.

return to table of contents

Erin Mills Soccer Club - All Abilities Program (Mississauga)
Ages: 6-14
Contact: recreational@erinmillssoccer.com
Description: The program is fully inclusive, designed and adapted for children and youth with any disability or level of behaviour to learn and play soccer. Whether a child uses a wheelchair, walker, wears orthotics, or lives with an intellectual, communication (ASD) or developmental disability, we provide support (1:1 as needed) and welcome all on the field.

North Mississauga Soccer Club - Panther Stars (Mississauga)
Ages: 5+
Contact: 905-858-1227
Description: The focus of the Panther Stars program is to develop the players at their own pace in a fun and healthy environment. We want to promote inclusion and help the players with skill development, team play, making friends, and being active through soccer for life.

Oakville Soccer Club - Breaking Barriers Program (Oakville)
Ages: 5-17
Contact: info@oakvillesoccer.ca or 905-849–4436
Description: Breaking Barriers is an inclusive program designed to provide opportunities for individuals with intellectual and/or physical disabilities to learn and enjoy the game of soccer while fostering physical literacy and having fun on the field

Brams United - All Abilities (Brampton)
Ages: 5-21
Contact: recreational@bramsunited.ca
Description: All Abilities is an inclusive program that aims to encourage teamwork, cooperation, friendships, and other social experiences. All sessions focus on gross motor skills and physical literacy development. Activities will include running, jumping, throwing, kicking, and balance/coordination. No previous recreational experience is required.

Burlington Soccer – Embracing Abilities (Burlington)
Ages: 5-15
Contact: tlyle-gravlev@burlingtonsoccer.com
Description: This is an integrated program designed for anyone between the ages of 5 and 15 with and/or without developmental and/or physical disabilities who are interested in learning more about the FUNdamentals of soccer. Certified coaches, along with devoted volunteers, work 1 on 1 with the athletes while implementing developmentally appropriate programming.

Wheelchair Tennis (Mississauga)
Ages: 8-19
Contact: wheelchairdev@tenniscanada.com
Description: Participants with physical disabilities will learn to play wheelchair tennis. No previous experience is required. Equipment (racquets, balls, and sport chairs) will be provided.

return to table of contents

Impowerful Athletics All Stars (Brampton)
Ages: All ages
Contact: instagram @impowerfulathletics OR 289-946-6387
Description: A judgment free, safe community that allows our All Stars Autism Awareness program participants and families the opportunity to utilize the gym space to engage in physical and social activities with one another.

PlayAbility Sports (Milton, Brampton)
Ages: sports 5-12
Contact: info@playabilitysports.com OR 437-872-1812
Description: At PlayAbility, we believe every child deserves the chance to feel confident, included, and proud of what they can achieve. Our program is thoughtfully designed for children ages 5–12, especially those who benefit from a more supportive and understanding environment while exploring sports.

Lacrossing Barriers (Oakville)
Ages: not specified
Contact: registrations@lacrossingbarriers.org
Description: Lacrosse introduces participants to Canada's national summer sport in an adaptive, inclusive, and community-focused environment. Sessions focus on skill development, teamwork, movement, confidence, and connection while ensuring every participant can engage at their own pace and comfort level. All equipment and modifications are provided so athletes of all abilities and support needs can fully participate. From first-time players to experienced athletes, everyone belongs on the floor and field.

return to table of contents

Swim Programs

Splash Aquatics (Brampton/Milton)
Ages: Any age or skill level
Contact: info@splashaquatics.ca
Description: At Splash, water safety is our number one priority! We strive to provide high quality instruction to swimmers of all ages and abilities, create a safe and inclusive environment for everyone to learn, and encourage a lifelong love of the water!

Super Swims (Brampton)
Ages: Any age or skill level
Contact: superswims1@gmail.com OR 647-707-7511
Description: Individualized Private 30 minute specialized swim lessons for children with autism with experienced instructors

AQUA-TOTS (Mississauga/Burlington)
Ages: Children of all abilities from 4 months-12 years old (Email if older)
Contact:

Burlington – burlingtoninfo@aqua-tots.com OR 905-331-3393
Mississauga East – mississaugaeastinfo@aqua-tots.com OR 905-848-2782
Mississauga Heartland – heartlandinfo@aqua-tots.com OR 289-998-4440

Description: Our Students Needing Adaptive Programming (S.N.A.P.) classes create private lessons tailored to your child's special needs and abilities. S.N.A.P. classes may serve children who have been diagnosed with behavioral, developmental, learning, medical or mental disabilities.

British Swim School (Various Locations)
Ages: 3 months+
Contact: goswim@britishswimschool.com
Description: Dolphin Water Acclamation for Special Ability Students - Swimming lessons are modified from our core program on a case-by-case basis to support children with special abilities. The swim instructor will work one-on-one with each student to acclimate the student to the water with sensory play activities while working on an introduction to skills that will be used in the next level(s). While the student is in the water, parents are encouraged to be on the deck and participating if that is what is best for the swimmer. Ratio is 1:1. Available at select locations.

Swim Ontario (Various Locations)
Ages: all ages
Contact: Darda Sales, Para Swimming Development Consultant – provides support to member clubs, education opportunities, clinics and camps paradevelopment@swimontario.com
Description: Para swimming is competitive swimming for persons with impairments, and includes individuals with physical, visual and intellectual impairments.

Golden Horseshoe Aquatics Club
Oakville Aquatics Club
Halton Blue Fins

return to table of contents

Ignite Artistic Swimming (Burlington)
Ages: not specified
Contact: splead@igniteartisticswimming.com
Description: We offer inclusive training options at all levels. Depending on the goals and needs of your athlete, we can offer programming where your athlete is immersed in the team experience with additional aid, or small ratio, or 1:1 training on developing their artistic swimming skills.

Mississauga Artistic Swimming Club (Mississauga)
Ages: all ages
Contact: info@swimmasa.com
Description: This sport combines a love for swimming, gymnastics, and dance. Athletes can enjoy music and express their creativity in a supportive environment where skills are learned and friendships made. MASA is proud to offer an introductory program to artistic swimming that caters to individual needs and abilities. It is open to all ages and genders, with physical/cognitive disabilities.

return to table of contents

Therapeutic Horseback Riding (Hippotherapy) Programs

Freedom Reins (Caledon)
Ages: 3+
Contact: apratt@freedomreinstrlc.ca OR 647-237-3485
Description: Tailored therapeutic riding lessons and ground-based sessions for individuals with various special needs.

Foxfield Stable (Campbellville)
Ages: 4+
Contact: foxfieldstable@gmail.com OR 905-805-0438
Description: Foxfield Stable offers therapeutic programs that are individually designed for each student with high standards, the top priority of safety and of course with a fun educational approach.

Windreach Farm (Ashuburn)
Ages: 2+
Contact: information@windreachfarm.org OR 905-655-5827
Description: WindReach Farm is proud to offer therapeutic horseback riding lessons to individuals with special needs. We are a member of the Canadian Therapeutic Riding Association (CanTRA) and our lessons are taught by Equine Canada, CanTRA certified instructors, or individuals working towards their certification.

TEAD Therapeutic Riding Center (Mount Hope)
Age: all ages
Contact: troton@tead.on.ca OR 905-679-8323 ext. 226
Description: Here at TEAD, we facilitate many different types of equine programming for all age levels and abilities including therapeutic riding lessons, equine-assisted psychotherapy, summer camp, and wellness program

Wynn Equestrian (Palgrave)
Ages: all ages
Contact: nicole@wynnequestrian.com OR 416-898-0841
Description: Our therapeutic riding program is for children with various disabilities as long it is deemed safe by their doctor. Through therapy with horses the Wynn Therapy Program provides a unique opportunity to experience multidimensional movement in a fun and challenging environment. The program provides physical activity for children with special needs, to enhance their balance, strength, endurance and confidence.

return to table of contents

Therapeutic Horticulture and Farm Programs

Fiddlehead Care Farm (Mono)
Ages: All Ages
Contact: fiddleheadcarefarm@gmail.com
Description: Offers therapeutic services and programs including through animal-assisted therapy, nature-based education, rehabilitation, and recreation.

Riverwood Conservancy (Mississauga)
Ages: All Ages
Contact: info@theriverwoodconservancy.org or 905-279-5878
Description: The Enabling Garden at The Riverwood Conservancy is a hands-on teaching garden that is fully accessible and innovatively designed. Since 2012 we have been providing gardening- and nature-based programming for people of all ages who live with physical, cognitive, and/or mental health challenges. In 2019, the Sensory Path was added adjacent to the Enabling Garden to allow those living with vision loss to safely experience nature through touch.

return to table of contents

Other Programs and Services

Ability Online (Virtual)
Ages: All Ages
Contact: information@abilityonline.org
Description: Safe monitored online community for youth and young adults with disabilities/chronic illness and their caregivers to be able to receive support, friendship and skill development in a bully free environment.

AboutFace - Trailblazers (Virtual)
Ages: 6-15
Contact: 1-800-665-3223 or 416-597-2229
Description: Trailblazers is the only program in Canada supporting children and youth with a facial difference and their families. Held quarterly, our Virtual Programs allow the facial difference community across Canada to come together over Zoom and participate in fun games, arts and crafts, and more! Our virtual programs are about an hour in length, with activities ranging from science experiments to virtual escape rooms to trivia to…the sky's the limit! These programs are FREE and open to children and youth with facial difference

Community Living (Various Locations)
Ages: All Ages
Contact: Search your local chapter and contact through email or phone.
Description: Community Living Ontario is a non-profit provincial association that has been advocating for people who have an intellectual disability and their families for 70+ years. Services and supports vary by chapter.

Kerry's Place (Various Locations)
Ages: All Ages
Contact: info@kerrysplace.org OR 905-841-6611
Description: We create opportunities that raise the quality of life for Autistic people and their families through our many respite and recreation programs. Everyone's welcome to join the fun or take a break by signing up for our camps, swim programs, and leisure groups.

Teamworks Dufferin (Orangeville)
Ages: All ages
Contact: avandipten@activelivescanada.ca
Description: Teamworks Dufferin is the home of Zachary's Camp, an unforgettable special needs camp located in Orangeville, Ontario. We offer a variety of programs and activities that are based on a school bus, and we travel to many destinations to provide kids, youth, and adults with a fun and fulfilling experience.

return to table of contents

Sunny Days Camp (Mississauga)
Ages: 5-14
Contact: camp@epilepsysco.org
Description: Sunny Days Camps provide traditional day camp experiences for children living with epilepsy as well as their siblings. We offer weekly trips and outings as well as special guests and activities. The camp provides a safe and fun way to engage and promote friendships, build self-esteem, and learn basic life skills while at the same time encouraging teamwork and developing leadership skills.

Easter Seals Camps (Various Locations)
Ages: 6-26
Contact: camp@easterseals.org OR 416-421-8778
Description: Easter Seals offers many different camping experiences for campers with physical dsiabilities including individual overnight camp, family camp, and leadership programming. Easter Seals operates two fully accessible camp locations in Perth and London, Ontario.

EarlyON Child and Family Centres (Various Locations, Virtual)
Ages: 0-6
Contact:

(Peel Region) Bridgeway Family Centre – info@bridgewaycentre.ca OR 905-822-1114
(Peel Region) Child Development Resource Center Peel – earlyon@cdrcp.com OR 905-452-1973
(Oakville) Oakville Parent Child Centre – 905-849-6366
(Burlington) Reach Out Center for Kids
(Milton) Milton Community Resource Center

Description: EarlyON Child and Family Centres offer free, high-quality programs for families and children from birth to 6 years old. You can learn and play with your child, meet people and get advice from early childhood professionals.

return to table of contents