

# Picture Exchange Communication System (PECS)<sup>™</sup>

## What is PECS<sup>™</sup>?

Picture Exchange Communication System (PECS)<sup>™</sup> was developed in 1985 by Andy Bondy, PhD and Lori Frost, CCC/SLP. PECS<sup>™</sup> is based on the principles of Applied Behavioural Analysis (ABA) and is divided into six phases that teach communication through distinct teaching, reinforcement, error correction and generalization strategies (Bondy & Frost, 2002).

## Who can use PECS<sup>™</sup>?

PECS<sup>™</sup> was originally developed for preschool-aged children with Autism Spectrum Disorders (ASD) however, is presently used with variety of children and adults with a variety of communication disorders.

## Why might your child use PECS<sup>™</sup>?

PECS<sup>™</sup> closely parallels typical language development in the sequence of skills taught. The PECS<sup>™</sup> protocol is divided into six phases that progress from teaching children how to communicate using pictures in a manner that is important to the child, to the use of multiple sentences, and then to a variety of communication functions.

## When could your child use PECS<sup>™</sup>?

For the best success, PECS<sup>™</sup> should be implemented in a variety of settings including home, school, and the community to promote generalization.

## The six phases of PECS<sup>™</sup>:

1. The Exchange
2. Distance & Persistence
3. Discrimination
4. Using Phrases (Sentence Strips)
5. Answering a Question
6. Commenting

## Before implementing PECS<sup>™</sup>, remember to:

- 1) **Assess** – What is your child motivated by? What is your child's visual recognition level? (e.g., objects, actual photos, picture symbols, line drawings)?
- 2) **Goal** – What is the specific goal for your child in each phase of PECS<sup>™</sup>?
- 3) **Strategies** – How will you teach to reach each specific goal?
- 4) **Monitor** – How will you know if your child is ready to move on to the next phases?

## References:

Bondy, A. & Frost, L. (2002). *The Picture Exchange Communication System: Training Manual*. Newark, DE: Pyramid Educational Products, Inc.