



A STEP-BY-STEP GUIDE

Your Baby's Daily Hearing Aid Routine

Ensuring your baby's hearing aids are always on and working gives them the best possible access to all the language around them to build their listening and talking skills.

Start each day by following this guide to visually check your baby's hearing aids, listen to them, and put them on your little one. Over time, this routine will become a regular habit!



If you notice anything unusual about your baby's hearing aids or think they aren't working, call the pediatric audiologist right away.



Check Your Baby's Hearing Aids

Follow these steps daily to inspect each part of your baby's hearing aids:

- 1. Earmold:** Look for wax, cracks, or tears in the earmold.
- 2. Earmold Tubing:** Make sure the tube is connected firmly to the earmold and look for moisture or cracks, especially along the bend.
- 3. Earhook:** Ensure the earhook is securely attached to the hearing aid, looking for moisture and cracks.
- 4. Receiver:** Look for cracks, dents, bite marks, or debris.
- 5. Microphones:** Make sure they are free of moisture and debris.
- 6. Childproof Batter Door and Chamber:** If your baby's hearing aids are battery-operated, inspect them for moisture, dust, or corrosion in the battery door chamber. Be sure the door opens well with the battery opener tool.
- 7. Cleaning:** Clean out any ear wax or debris with the tools provided by your pediatric audiologist.



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Listen to Your Baby's Hearing Aids

Follow these steps to make sure your baby's hearing aids sound clear and are amplifying sound.

1. Make sure the devices and batteries are fully charged. You can do this by using the battery tester tool provided by your baby's pediatric audiologist. If your baby uses rechargeable hearing aids, the audiologist can show you how to check if they are fully charged.
2. Put the device listening tube in your ear.
3. Turn the hearing aids on. Many devices will beep several times or produce a "start-up sound" before starting to amplify.
4. Once you know the hearing aids are on, put the end of the listening tube on the earmold and listen quietly for a few seconds. The hearing aids should sound loud but clear. Listen for:
 - Inconsistent sound, static, or muffled sounds
 - The hearing aid seeming too quiet
 - Unusual feedback, even when you hold the hearing aid far from your hand
5. Say the Ling 6 Sounds, "m, oo, ah, ee, sh, s," and make sure you can hear each sound clearly.
6. Say a short sentence and listen to how the hearing aid sounds. It should sound loud but clear.
7. Listen to both hearing aids.



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Put Your Baby's Hearing Aids On

Follow these steps to guide you through putting your baby's hearing aids on.

1. Be sure the hearing aids are checked and ready – ideally before your baby wakes up.
2. Put the earmold in your baby's ear first. It helps to turn the earmold slightly as you put it in their ear canal.
3. Then, gently push the earmold so that it fits securely in their ear.
4. Put the hearing aid behind your baby's ear and make sure both hearing aids are turned on.
5. Look for any gaps between your baby's earmold and ear. If you notice gaps, it's time for a new earmold. Be sure to schedule an appointment with the audiologist as soon as possible.



Be sure to put your baby's hearing aids on as soon as they wake up, after naps, and anytime they take them off. Remember: Eyes Open, Ears On!

