

Dear Parents/Guardians,

This year, our school may have visits from an Occupational Therapist (OT) who works with the School Based Rehabilitation Services (SBRS) program at ErinoakKids Centre for Treatment and Development.

OTs are regulated health professionals who use their skills to help students participate in school and learning activities. They can help students develop fine motor skills (printing, writing, cutting with scissors) and self-regulation skills (how a child manages and adjusts their behaviour in a learning activity.)

The OT or an OT Assistant may visit your child's virtual classroom, to support classroom needs within a virtual environment. They may provide activities like a printing or cutting lesson or review the best seating posture for printing. If you would like to be notified of the date of the OT visit to your classroom, please speak to your child's teacher.

If your child appears to need more specific help with their fine motor, or self-regulation skills, your child's teacher will contact you to provide more information. Consent for OT support would be required from you prior to referral and assessment.

You might also find it helpful to go to the ErinoakKids website at [www.erinoakkids.ca](http://www.erinoakkids.ca) to find workshops and resources to support your child in developing skills for independence and participation at home and school.

Please feel free to contact me if you have any questions.

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Principal Name / Signature

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School

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School Phone Number