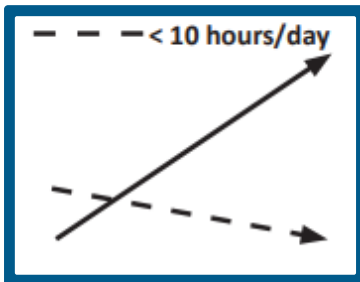


# Eyes Open, Ears On

Language development is supported by hearing device use!

The *Outcomes of Children with Hearing Loss* study (Tomblin et.al, 2015) found that language development is directly related to hearing aid usage.



OCHL, "Hearing Aids Matter"

Wearing hearing aids or cochlear implants for at least 10 hours per day helps children learn language faster and they are more likely to develop age appropriate language skills.

Children who wear their hearing devices less than 10 hours per day learn language at a slower rate and may fall behind.

Use this chart to help guide how many hours a day your child should be wearing their hearing devices.

We know babies sleep A LOT! If your baby is awake for less than 10 hours a day, then aim for "all waking hours."

Together we will work toward 10+ hours of wear time as your baby grows. Your efforts will be worth it!

Age	Goal- Average Hours Device Use a Day
0-12 Months	8 Hours
13-24 Months	9 Hours
2-5 Years	10 Hours
6-10 Years	11 Hours
11 Years +	12 Hours

For more information about "Eyes Open, Ears On" and infant hearing, scan the QR code or visit:

[erinoakkids.ca/EOEO](https://erinoakkids.ca/EOEO)



## Sources:

OCHL Study (2025), "Hearing Aids Matter" <https://ochlstudy.org/>

Tomblin JB, Harrison M, Ambrose SE, Walker EA, Oleson JJ, Moeller MP. Language Outcomes in Young Children with Mild to Severe Hearing Loss. *Ear Hear*. 2015 Nov-Dec

"Eyes Open, Ears On" is a concept developed out of Hearts for Hearing.