

How to Give a Hug

I can try to learn to give a hug.

I spread my arms apart.

I wrap my arms around someone.

I gently squeeze that person.

That is how to give a hug.

* Gray, C. (2000). The new social story book: illustrated edition. Arlington, TX: Future Horizon.

How to Greet Someone

There are many ways to greet someone.

When I see someone I know, usually I will try to smile and say "hello". They may say "hello" back. They may stop to talk with me.

Sometimes I will try to shake their hand. Sometimes, when I am visiting a relative or a close friend, I will try to give them a small hug or a little pat on the back or the shoulder.

Sometimes, if I am just passing someone I know, I can smile, wave, or just nod my head. Most people like it when I smile at them. Smiling can make people feel good.

* Gray, C. (2000). The new social story book: illustrated edition. Arlington, TX: Future Horizon.

Learning to Shake Someone's Hand

When I meet new people, they sometimes hold out their hand. People do this as a way to say "hello."

I can put my right hand toward theirs and tightly squeeze their hand. I will try to look at the person and smile. Sometimes they will smile back. After holding hands for a short time, each person may let go.

I can learn to feel comfortable with this new way to say "hello".

* Gray, C. (2000). The new social story book: illustrated edition. Arlington, TX: Future Horizon.

Drawing my Thoughts

My mind is thinking all the time.

Sometimes my mind thinks things that I want other people to know.

When I want other people to know things my mind is thinking, I can try to tell them with my words.

If I can't tell people with my words I can draw a picture.

This is okay!

When I draw pictures other people can see what I want them to know.

I will try to draw pictures with I can't use my words.

This will make me happy.

*This story has been written by the staff of the Flemington-Raritan Autism Program.
It can be printed out and/or adapted for use at home or in the community

What is a wake?

Sometimes people die.

When people die, their family usually has a wake.

A wake is a special time when people remember the person who died and tell each other they are going to miss that person.

Sometimes at a wake the person who died is placed in special box called a casket.

Sometimes the casket is open so people can see the person who died.

At a wake people are usually very quiet.

Sometimes the casket is open so people can see the person who died.

Sometimes the casket is closed and there is just a picture of the person who died.

At a wake people are usually very quiet.

Sometimes people are crying because they miss the person who died.

It is okay to cry. It is okay not to cry.

At a wake people usually walk up to the casket and are very quiet for just a minute or two.

Then they usually wait in the funeral home or outside.

I will probably wait outside.

If I have any questions I can ask mom or dad when I am outside.

I will try to be very quiet in the funeral home.

I will also try to ask my questions outside.

I might be able to go out to dinner when we are done at the wake.

Mom and dad will tell me when the wake is over.

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