

# A List of Resources for Teaching Sexuality

## Books:

Adams, J. (1997). *Autism/PDD – More creative ideas from age 8 to early adulthood*. Arlington, TX: Future Horizons.

Anderson, O. (2000). *Doing what comes naturally: Dispelling myths and fallacies about sexuality and people with developmental disabilities*. Homewood IL: High Tide Press.

Bolic, T. (2001). *Asperger syndrome and adolescence: Helping preteens and teens get ready for the real world*. Gloucester, MA: Fair Winds Press.

Bourgeois, P., & Wolfish, M. (1994). *Changes in you and me: A book about puberty mostly for boys*. Kansas City, MI: Somerville House Books

Britton Reese, P., & Challenner, N. (2002). *Autism & PDD – Intermediate social skills lessons (Healthy Habits)*. East Moline, IL: LinguiSystems

Calderone, M. & Johnson, E. (1990). *The family book about sexuality* (rev.ed). New York, NY: Harper Collins.

Debbaudt, D. (2002). *Autism, advocates, and law enforcement professionals*. London, England: Jessica Kingsley Publishers.

Gravelle, K., Castro, N., & Castro, C. (1998). *What's going on down there? Answers to questions boys find hard to ask*. Markham, ON: Thomas Allen & Son.

Griffiths, D. (1999) Sexuality and developmental disabilities: Mythconceptions and facts. In Brown, I., & Percy, M. (eds.). *Developmental disabilities in Ontario*. Toronto, ON: Front Porch Publishing.

Griffiths, D., Richards, D., Fedoroff, P., & Watson, S. (2002). *Ethical dilemmas: Sexuality and developmental disabilities*. Kingston, NY: NADD Press.

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Harur, J., Lawlor, M. & Fitzgerald, M. (2002). *Succeeding in College with Asperger Syndrome: A Student Guide*. London, England: Jessica Kingsley Publishers.

Henault, I. (2003). *The sexuality of adolescents with Aspergers Syndrome*. London, England: Jessica Kingsley Publishers.

Henault, I. (2004). Sexuality and Asperger Syndrome. In Stoddart, K. (2004). *Children, youth, and adults with asperger syndrome: Integrating Multiple Perspectives*. London, England: Jessica Kingsley Publishers.

Hickling, M. (1999). *More speaking of sex: What your children need to know and when they need to know it*. Kelowna, B.C: Northstone Publishing.

Hingsburger, D. (1993). *I openers: Parents ask questions about sexuality and children with developmental disabilities*. Vancouver, B.C: Family Support Institute Press.

Hingsburger, D. (1995). *Just say know! Understanding and reducing the risk of sexual victimization of people with developmental disabilities*. Richmond Hill, On: Diverse City Press, Inc.

Holliday Willey, L. (2003). *Asperger syndrome in adolescence: Living with the ups and downs, and things in between*. London, England: Jessica Kingsley Publishers.

Jackson, L. (2002). *Freaks, geeks and Asperger's Syndrome: A user's guide to adolescents*. London, England: Jessica Kingsley Publishers.

Lawson, W. (2004). *Sex, sexuality and the autism spectrum*, London, England: Jessica Kingsley Publishers.

Ludwig, S. (1995). *After You Tell*. Toronto, Ontario: SIECCAN.

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- Madaras, L., (2003). *Ready, set, grow! A 'what's happening to my body?' book for younger girls*. New York, NY: Newmarket Press.
- Mannix, D. (1998). *Social skills activities for secondary students with special needs*. San Francisco, CA: Jossey-Bass.
- McCoy, K., & Wibbelsman, C. (2003). *Growing and changing: A handbook for preteens*. New York, NY: Berkeley Publishing Group.
- Newport, J., & Newport, M. (2002). *Autism-Asperger's & sexuality: Puberty and beyond*. Arlington, TX: Future Horizons.
- Roth, S., & Morse, J. (1994). *A Life-span approach to nursing care for individuals with developmental disabilities*. Baltimore, IN: Brookes Publishing.
- Schwier, K., & Hingsberger, D. (2000). *Sexuality: Your sons and daughters with intellectual disabilities*. Baltimore, IN: Brookes Publishing.
- Scott, L. and Kerr-Edwards, L. (1999). *Talking Together about Growing Up*. London, England: Family Planning Association.
- Segar, M. (1997) *Coping: A survival guide for people with Asperger's Syndrome in social situations*. Shawnee Mission, KS: Autism Asperger's Publishing Company.
- Shore, S. (2003.) *Dating, marriage, and Autism*. Shawnee Mission, KS: Autism Asperger Publishing Company.
- Siegel, P. (1990). *Changes in you*. Richmond, VA: Family Life Education Associates
- Siegel, P. (1991). *Changes in you for boys*. Richmond, VA: Family Life Education Associates.



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Siegel, P. (1991). *Changes in you for girls*. Richmond, VA: Family Life Education Associates.

Smith-Myles, B., Trautman, M., & Schelvan, R. (2004). *The hidden curriculum: Practical solutions for understanding unstated rules*. Shawnee Mission, KS: Autism Asperger Publishing Company.

Volkmar, F. & Wiesner, L. (2003). *Healthcare for children on the autism spectrum: A guide to medical, nutritional and behavioral issues*. Bethesda, MD: Woodbine House.

Wrobel, M. (2003). *Taking care of myself: A healthy hygiene, puberty and personal curriculum for young people with autism*. Arlington, TX: Future Horizons Inc.

## **JOURNAL ARTICLES:**

Ames, H. & Samowitz, P. (1995). Inclusionary standards for determining sexual consent for individuals with developmental disabilities. *Mental Retardation*. 4, 264-268.

Bambara, L., & Brantlinger, E. (2002). Toward a healthy sexual life: An introduction to the special series on issues of sexuality for people with developmental disabilities. *Research & Practice for Persons with Severe Disabilities*. 27(1).

Carter, & Jade, K. (1999). Sexuality education for students with specific learning disabilities. *Intervention in School & Clinic*. 34(4).

Challenges to Treating Adolescents with Asperger's Syndrome who are sexually abusive. (2004). *Sexual Addiction & Compulsivity: The Journal of Treatment and Prevention* 11(4), 265 – 285.

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Committee on Children with Disabilities. (1996). Sexuality education of children and adolescents with developmental disabilities. *Pediatrics*. 97(2).

Firth, H., Balogh, R., Bretherton, K., Whibley, S., Berney, T., Graham, S. et al. (2001). Sexual abuse in children and adolescents with intellectual disability. *Journal of Intellectual Disability Research*, 45(3), 194-202.

Green, C. & Reid, D. (1996). Defining, validating, and increasing indices of happiness among people with profound, multiple disabilities. *Journal of Applied Behavior Analysis*, 29, 67-78.

High-functioning autism and sexuality: A parental perspective. (2005). *Autism*, 9(3), 266-89.

Koller, R. (2000). Sexuality and adolescents with autism. *Sexuality and Disability*. 18(2).

McCabe, M., Taleporos, G., & Dip, G. (2003). Sexual esteem, sexual satisfaction, and sexual behavior among people with physical disability. *Archives of Sexual Behavior*. 32 (4).

Ousley, Y.O. & Mesibov, G.B. (1991). Sexual attitudes and knowledge of high-functioning adolescents and adults with autism. *Journal of Autism and Developmental Disorders*. 21(2): 4-8.

Ruble L., & Dalrymple N. (1993). Social/sexual awareness of persons with autism: a parental perspective. *Archives of Sexual Behaviour*. 22(3):229-40.

Van Bourgondien M., Reichle N., & Palmer A. (1997). Sexual behavior in adults with autism. *Journal of Autism and Developmental Disorders*. 27(2): 113-25.

Wolfe, P. (1997). The influence of personal values on issues of sexuality and disability. *Sexuality and Disability*. 15(2).

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Wolfe, P., & Blanchett, W. (2003). Sex Education for Students with Disabilities: An Evaluation Guide. *Teaching Exceptional Children*, 36, (1).

## **PRESENTATIONS:**

Gerhardt, P. (2005). *Sexuality and sexuality instruction with learners with autism spectrum disorders and other developmental disabilities*. Retrieved August 2005 from <http://www.gvsu.edu/forms/autism/P.%20Gerhart%20-%20afternoon.ppt>

Nichols, S., Blakely-Smith, A., Reavan, J. & Hepburn, S. (2005). *Social Skills, sexuality, and growing up: Addressing the needs of youth and adolescents with Autism Spectrum Disorders*. Retrieved August 2005 from <http://asa.confex.com/asa/2005/techprogram/S1215.HTM>

## **Helpful Websites:**

Adams Publications  
(books on teaching about sex and sexuality to individuals with communication disorders)  
[www.adamspublications.com](http://www.adamspublications.com)

Autism Asperger Publishing Company  
[www.asperger.net](http://www.asperger.net)

Autism Link  
<http://www.autismlink.com/info/sexuality.php>

Autism Society of America  
<http://asa.confex.com/asa/2005/techprogram/S1215.HTM>

Autism Today  
<http://www.autismtoday.com/puberty.htm>

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About.Com  
(Teenagers & Puberty articles)  
<http://autism.about.com/od/teenagerswithasd/>

Centre for Disability Information and Referral  
[www.iidc.indiana.edu/cedir/sexuality.html](http://www.iidc.indiana.edu/cedir/sexuality.html)

Centre for the Study of Autism  
<http://www.autism.org/sexual.html>

Choices Inc  
[www.choicesonline.org/resources.asp](http://www.choicesonline.org/resources.asp)

Disability Online  
<http://www.disability.vic.gov.au/>

Future Horizons  
<http://www.futurehorizons-autism.com/>

The Autism Home Page  
<http://groups.msn.com/TheAutismHomePage/specialsituations.msnw>

Intimate Relationships Involving People on the Spectrum  
<http://www.scn.org/people/autistics/relationships.html>

James Stanfield Video Library  
(Circles Program for Teaching Boundaries)  
<http://www.stanfield.com/sexed>

Missouri Developmental Disabilities Resource Center  
[www.moddrc.com](http://www.moddrc.com)

National Autistic Society  
[www.nas.org.uk](http://www.nas.org.uk)

National Information Center for Children and Youth with Disabilities  
[www.nichcy.org/pubs/newsdig/nd17txt.htm](http://www.nichcy.org/pubs/newsdig/nd17txt.htm)

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Neurodiversity.com

<http://www.neurodiversity.com/sexuality> (Sexuality and Autism)

[www.neurodiversity.com/adolescence.html](http://www.neurodiversity.com/adolescence.html) (articles on puberty and adolescence)

Parent Books

[http://www.parentbooks.ca/asd\\_adults.html](http://www.parentbooks.ca/asd_adults.html)

[http://www.parentbooks.ca/lifeskills\\_teens.html](http://www.parentbooks.ca/lifeskills_teens.html)

[http://www.parentbooks.ca/pdfs/sexuality\\_issues.pdf](http://www.parentbooks.ca/pdfs/sexuality_issues.pdf)

[http://www.parentbooks.ca/sexuality\\_issues.html](http://www.parentbooks.ca/sexuality_issues.html)

Sexuality Information and Education Council of the United States

[www.siecus.org](http://www.siecus.org)

Sex Information and Education Council of Canada

[www.sieccan.org](http://www.sieccan.org)

Speak Up

(Sex Education for Parents of Children with Autism Spectrum Disorders)

[www.aacsafeguarding.ca/](http://www.aacsafeguarding.ca/)

Special needs Project

[www.specialneeds.com](http://www.specialneeds.com)

Tony Langdon homepage

(Being Autistic and Gay)

<http://members.optusnet.com.au/tlang1/autgay.html>

Susan's Sex Support Page

<http://sexsupport.org/AutismResources.html>

The Asperger Marriage Website

<http://www.asperger-marriage.info/survguide/chapter21.html>

Together for Autism

[http://www.togetherforautism.org/articles/autism\\_puberty\\_and\\_seizures.php](http://www.togetherforautism.org/articles/autism_puberty_and_seizures.php)

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